

Tripping Up the Stairs (Tripping Upstairs, Trip it Upstairs, The Jew Jig, Sackows)

D Major

Chords: D, G, D, B m, A, D, D, G, D, A, D, B m, D, A, D, B m, D, A, D.

Source: *The Toronto Session "Black Book"*

The Connachtman's Rambles (Spaisteoireacht an Chonnachtaigh, Gathering Dillisk, Bold Doherty)

Dm Part A, Bm Part B

Chords: D, G, D, G, D, G, D, G, D, G, D, Em, D, 1. G, 2. G, B m, G, B m, A7, B m, D, B m, Em, D, 1. G, 2. G, G. Tune end.

Source: Kevin Burke - *Learn to Play Irish Fiddle*, adapted

The jig is one of the most commonly played pieces in the Irish repertoire, and has even spread to other genres. It is, for example, one of the commonly played jigs for English rapper sword dancing (along with 'The Blackthorn Stick' and 'The Ten-Penny Bit').

Connaught, named for the ancient tribe who lived there, the Connachta, was one of the five old provinces of Ireland (along with Ulster, Leinster, Meath, and Munster). It was to this poor territory that in the 17th C many Irish Catholic landowners were driven by the troops of Oliver Cromwell, supposedly under the slogan "To Hell or to Connaught".... Rambling or Raking is a term used in the Irish countryside to mean visiting with neighbours and talking, playing cards, playing music etc. The title appears in a list of tunes in his repertoire brought by Philip Goodman, the last professional and traditional piper in Farney, Louth, to the Feis Ceoil in Belfast in 1898 (*Breathnach*, 1997) — *Fiddler's Companion* & Peter Cooper.